



## ClinMax™ Human GDF-15 ELISA Kit

Catalog Number: CEA-C077

Assay Tests: 96 tests

For Research Use Only. Not For Use in Diagnostic or Therapeutic Procedures

**IMPORTANT: Please carefully read this user guide before performing your experiment.**

## Product information

This kit is specifically designed for the accurate quantitation of human GDF-15 from cell culture supernates, serum and plasma.

The principle of this assay employs a quantitative sandwich enzyme immunoassay approach. Initially, a microplate is coated with a capture antibody. Then, samples and biotinylated capture antibody are added to the wells. After the removal of any unbound materials through washing, streptavidin-HRP (SA-HRP) conjugate is added to the wells. Streptavidin has a very high affinity for biotin, so it binds to the biotinylated capture antibody that is already bound to the target antigen. After washing, a substrate specific to HRP is added to the wells. HRP catalyzes a reaction that converts the substrate into a detectable signal, often a color change or luminescence, depending on the substrate used. This enzymatic reaction amplifies the signal, allowing for higher sensitivity in detecting the target analyte. The intensity of the signal is measured using a spectrophotometer.

### NOTE:

1. This kit is for research use only and is not for use in diagnostic or therapeutic applications.
2. Please do not use the kit after the expiration date indicated on the kit label.
3. Do not mix or substitute reagents with those from other lots or sources.

Manufactured and distributed by  
ACRODiagnostics Inc.  
TEL: 010-67855298-8147

Distributed by:  
ACROBiosystems Inc.  
US & Canada      TEL: +1 800-810-0816  
Asia & Pacific      TEL: +86 400-682-252

## Contents

The kit contains sufficient reagents for 96 wells.

Catalog	Contents	Amount
CEA077-C01	Pre-coated Anti-GDF-15 Antibody Microplate	1 plate
CEA077-C02	Human GDF-15 Standard	20 µg×2
CEA077-C03	Biotin-Anti-GDF-15 Antibody Con. Solution	200 µL
CEA077-C04	Biotin-Antibody Dilution Buffer	8 mL
CEA077-C05	Streptavidin-HRP Con. Solution	500 µL
CEA077-C06	Streptavidin-HRP Dilution Buffer	15 mL
CEA077-C07	20× Washing Buffer	50 mL
CEA077-C08	Sample Dilution Buffer	15 mL×2
CEA077-C09	Substrate Solution	12 mL
CEA077-C10	Stop Solution	6 mL

## Storage

Keep the unopened kit stored at 2-8 °C. Avoid using the kit beyond its expiration date.

For opened kit and reconstituted reagents, with the exception of the two contents listed in following table, others can be stored for up to 30 days at 2-8 °C.

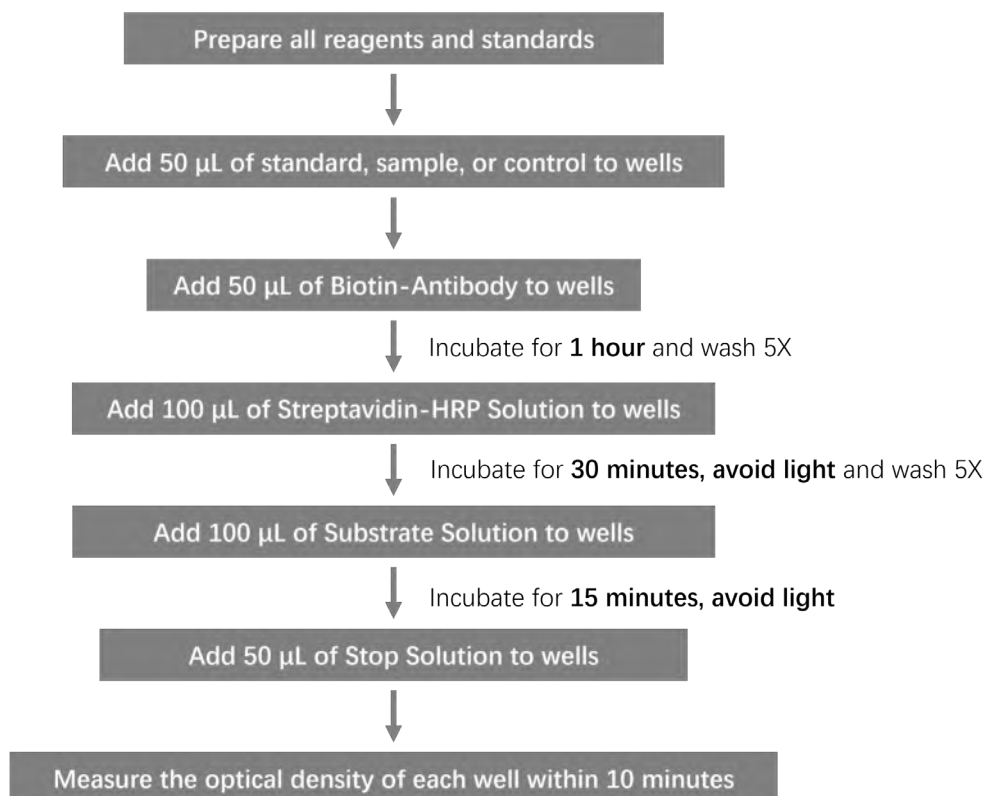
Contents	Storage conditions
Pre-coated Anti-GDF-15 Antibody Microplate	Return unused wells to the foil pouch, reseal along entire edge. May be stored for up to 1 month at 2-8°C.
Human GDF-15 Standard	Aliquot and store for up to 1 month at -70°C in a freezer. *  Avoid repeated freeze-thaw cycles.

### Required materials not supplied.

<b>Instrument</b>	Microplate reader capable of measuring absorbance at 450 nm
<b>Reagents</b>	Deionized or distilled water
<b>Consumables</b>	50 mL and 500 mL graduated cylinders
	Pipettes and pipette tips
	Tubes to prepare standard dilutions.

### Workflow

#### Analyte: GDF-15



**NOTE:** Incubation temperature is 18 °C-25 °C

## Prepare the working buffers and standard dilutions.

**IMPORTANT:** Bring all reagents to room temperature before use. If crystals have formed in buffer solution, place the buffer solution in an 37°C incubator until the crystals have completely dissolved and bring the solution back to room temperature before use.

### Prepare the working buffers.

1. 1×Washing Buffer: Dilute 50 mL 20×Washing Buffer with deionized or distilled water to 1000 mL.
2. Biotin-Anti-GDF-15 Antibody Solution: Add 120 µL of Biotin-Anti-GDF-15 Antibody Con. Solution to 6 mL Biotin-Antibody Dilution Buffer, thoroughly mix. The solution was freshly prepared just before use.
3. GDF-15 Streptavidin-HRP Solution: Add 300 µL of GDF-15 Streptavidin-HRP Con. Solution to 12 mL of Streptavidin-HRP Dilution Buffer, thoroughly mix. The solution was freshly prepared just before use.
- 4.

### Prepare the reconstituted standard.

Add 1mL ultrapure water to the provided lyophilized product (CEA077-C02) , dissolve at room temperature for 15-30 minutes, and mix by gently pipetting. The concentration of reconstituted human GDF-15 Standard is 20 µg /mL.

**NOTE:** *Avoiding vigorous shaking or vortexing. The reconstituted solution should be stored at -70°C. The freeze-thaw cycle should not exceed 1 time, and the size of the aliquot should not be less than 10 µg.*

### Prepare the standard serial dilutions.

1. Label a tube "Cm". Add 10 µL of the reconstituted human GDF-15 Standard and 990 µL of Sample Dilution Buffer to tube Cm, gently mix well.
2. Label 8 tubes, one for each standard point: Std.-1, Std.-2, Std.-3, Std.-4, Std.-5, Std.-6, Std.-7, Std.-8.
3. Add 7.5 µL of the liquid from **Cm** and 992.5 µL of Sample Dilution Buffer to tube Std.-1, thoroughly mix (Std.-1 =1500 pg/mL).
4. Prepare 1:1 serial dilutions for the standard curve as follows: Add 500 µL of Sample Dilution Buffer to each tube (Std.-2, Std.-3, Std.-4, Std.-5, Std.-6, Std.-7, Std.-8).
5. Transfer 500 µL of liquid from Std.-1 to the tube Std.-2, and thoroughly mix (Std.-2 = 750 pg/mL).
6. Continue to transfer 500 µL of liquid from previous dilution tube to the next dilution tube until add liquid to tube Std.-8.
7. Sample Dilution Buffer serves as zero standard (blank).

**Prepare the sample**

Preparation of sample (Suggested dilution ratio): Prepare sample (Serum, Plasma), prepare S-1 by add 10  $\mu$ L of the sample to 140  $\mu$ L Sample Dilution Buffer, mix gently well.

**PROCEDURE OF ASSAY**

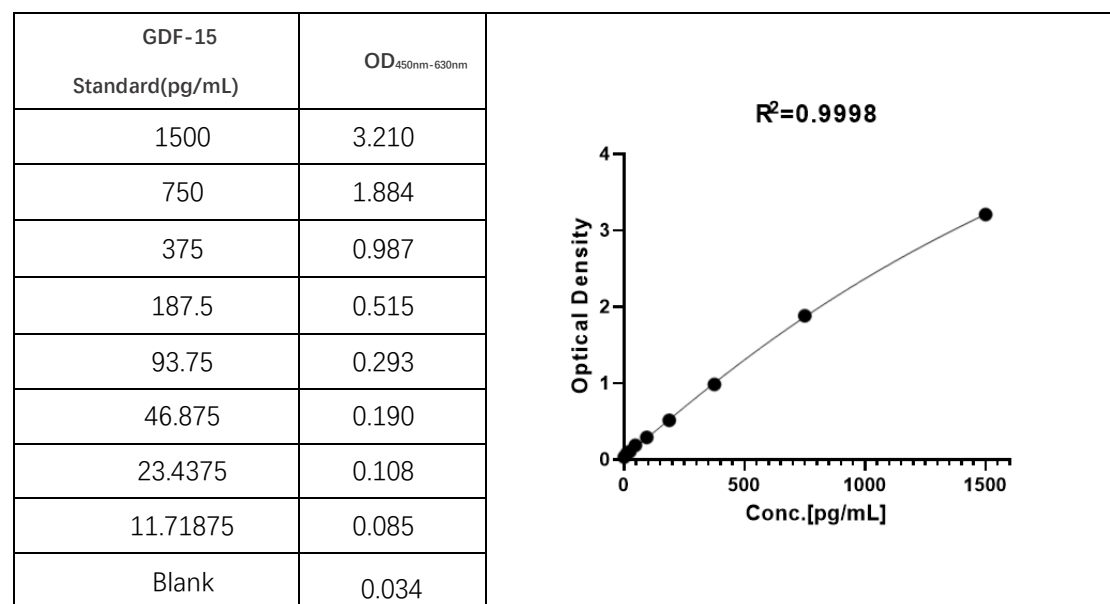
1. Add 50  $\mu$ L of GDF-15 Standard, sample, or control to wells.
2. Add 50  $\mu$ L Biotin-Anti-GDF-15 Antibody Solution to each well, Seal the plate with microplate sealing film. Incubate at room temperature (18-25 °C) for **1 hours**.
3. Aspirate each well and add 300  $\mu$ L of 1×Washing Buffer to each well, gently tap the plate for **1 minute**. Remove any remaining Washing Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels. Repeat the wash process four times for a total of five washes.
4. Add 100  $\mu$ L of GDF-15 Streptavidin-HRP Solution to each well. Seal the plate with microplate sealing film. Incubate at room temperature (18-25 °C) for **30 minutes, avoid light**.
5. Repeat step 3.
6. Add 100  $\mu$ L of Substrate Solution to each well. Seal the plate with microplate sealing film and incubate at room temperature (18-25 °C) for **15 minutes, avoid light**.
7. Add 50  $\mu$ L of Stop Solution to each well. Tap the plate gently to ensure thorough mixing.  
***Note:** the color in the wells should change from blue to yellow.*
8. Read the absorbance at 450nm and 630nm using Microplate reader within 10minutes.  
***Note:** To reduce the background noise, subtract the readings at 630nm from the readings at 450nm.*

## CALCULATION OF RESULTS

1. Compute the average of the duplicated readings for every standard, control, and sample. Then, subtract the average optical density (O.D.) of the zero standard(blank).
2. Establish a standard curve by processing the data using computer software capable of executing a four-parameter logistic (4-PL) curve fitting.
3. Normal range of Standard curve:  $R^2 \geq 0.9900$ .
4. If the OD value of the sample to be tested is higher than the highest standard, the sample shall be diluted with dilution buffer and assay repeated.

### Typical data

**Note:** For each experiment, a standard curve needs to be set for each microplate, and the specific OD value may vary depending on different laboratories, testers, or equipment. The following example data is for reference only. The sample concentration was calculated based on the results of the standard curve.



## PERFORMANCE CHARACTERISTICS

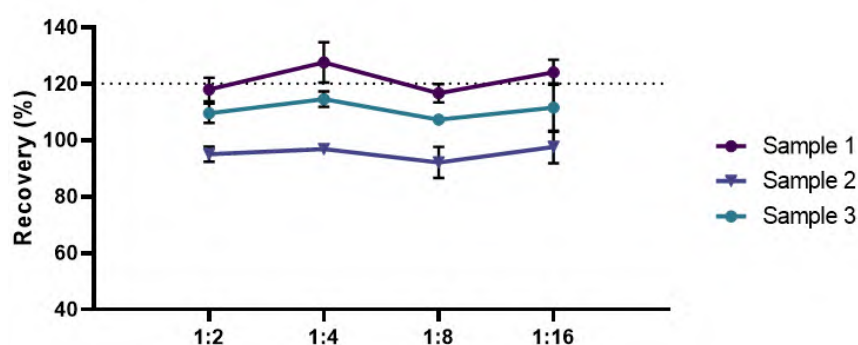
### 1. Sensitivity

The minimum detectable concentration (MDC) of GDF-15 is typically less than 7 pg/mL. The MDC was determined by adding two standard deviations to the mean

optical density value of twenty zero standard replicates and calculating the corresponding concentration.

## 2. Linearity

Three samples (Serum) spiked with high concentrations of GDF-15 were serially diluted with dilution buffer to produce samples with values within the dynamic range of the assay and then assayed. The average recovery of GDF-15 for serum samples is 109.23%.



## 3. Intra-Assay Precision

Ten replicates of each of 3 samples containing different GDF-15 concentrations were tested in one assay. Acceptable criteria: CV < 10%.

Sample Concentration (pg/mL)	Mean (pg /mL)	SD	Numbers	CV
23.44	25.54	1.55	10	6.08%
46.88	48.69	3.70	10	7.60%
750	709.08	44.16	10	6.23%

## 4. Inter-Assay Precision

Five samples containing different concentrations of GDF-15 were tested in independent assays. Acceptable criteria: CV<15%.

Sample Concentration (pg/mL)	Mean (pg/mL)	SD	Numbers	CV
1500	1500.46	94.44	9	6.29%
750	753.26	15.33	9	2.04%
375	371.93	13.44	9	3.61%



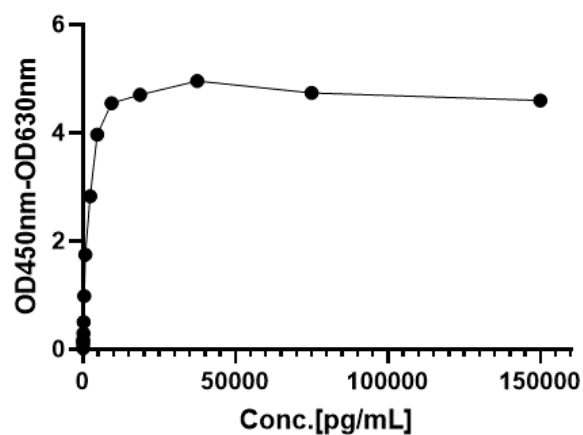
## 5. Recovery

Recombinant GDF-15 was spiked into 3 human serum samples, and then analyzed. The average recovery of GDF-15 for serum samples is 112.19%.

Sample ID	Conc Measured (pg/mL)	Conc Added ( pg/mL )	Conc Recovered ( pg/mL )	Recovery
1	901.66	750	811.80	108.24%
	532.07	375	442.22	117.92%
	323.83	187.5	233.98	124.79%
	99.84			
2	988.59	750	831.25	110.83%
	551.18	375	393.84	105.02%
	394.13	187.5	236.79	126.29%
	174.82			
3	790.44	750	676.14	90.15%
	522.35	375	408.05	108.81%
	334.82	187.5	220.52	117.61%
	127.00			

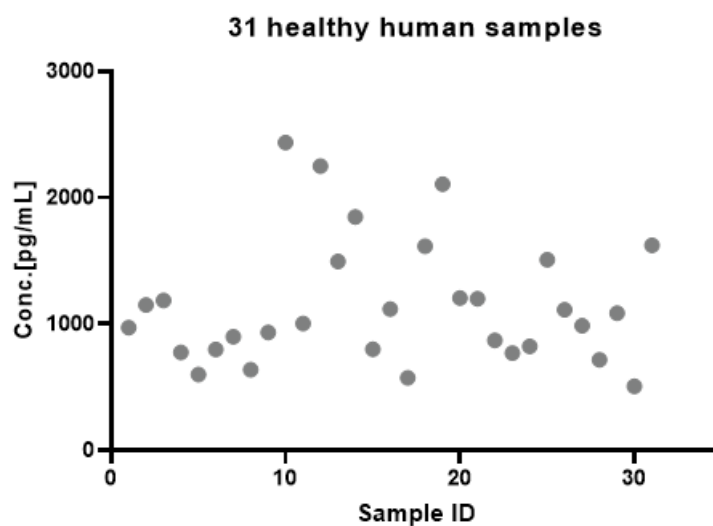
## 6. Hook Effect

Not be affected by the concentration of GDF-15 up to 9375 pg/mL.



## 7. Sample Values

31 healthy human serum samples were evaluated for the concentrations of human GDF-15 in assay. The tested concentration of 31 human serum samples is in the range of 500pg/mL – 2500pg/mL.



## 8. Specificity

No cross-reactivity was observed when this kit was used to analyze the following recombinant cytokines at up to 1 µg/mL.

Human	IL-1 $\beta$ , IL-2, IL-4, IL-5, IL-6, IL-7, IL-8, IL-12 p70, IL-10, IL-10, MCP-1, GM-CSF, TNF- $\alpha$ , IFN- $\gamma$
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## TROUBLESHOOTING GUIDE

Problem	Cause	Solution
<b>Poor standard curve</b>	* Inaccurate pipetting	* Check pipettes
<b>Large CV</b>	* Inaccurate pipetting * Air bubbles in wells	* Check pipettes * Remove bubbles in wells
<b>High background</b>	* Plate is insufficiently washed * Contaminated wash buffer	* Review the manual for proper wash. * Make fresh wash buffer
<b>Very low readings across the plate</b>	* Incorrect wavelengths * Insufficient development time	* Check filters/reader * Increase development time
<b>Samples are reading too high, but standard curve looks fine</b>	* Samples contain cytokine levels above assay range	* Dilute samples and run again
<b>Drift</b>	* Interrupted assay set-up * Reagents not at room temperature	* Assay set-up should be continuous - have all standards and samples prepared appropriately before commencement of the assay * Ensure that all reagents are at room temperature before pipetting into the wells unless otherwise instructed in the antibody inserts